

# Our Attitude During Life's Turmoil's

## *1 Thessalonians 5:12-28*

### INTRODUCTION

#### *1 Thessalonians 5:12-28*

Now we ask you, brothers, to give recognition to those who labor among you and lead you in the Lord and admonish you,<sup>13</sup> and to regard them very highly in love because of their work. Be at peace among yourselves.<sup>14</sup> And we exhort you, brothers: warn those who are irresponsible, <sup>[a]</sup> comfort the discouraged, help the weak, be patient with everyone.<sup>15</sup> See to it that no one repays evil for evil to anyone, but always pursue what is good for one another and for all.

<sup>16</sup> Rejoice always!

<sup>17</sup> Pray constantly.

<sup>18</sup> Give thanks in everything, for this is God's will for you in Christ Jesus.

<sup>19</sup> Don't stifle the Spirit.

<sup>20</sup> Don't despise prophecies,

<sup>21</sup> but test all things.

Hold on to what is good.

<sup>22</sup> Stay away from every kind of evil.

<sup>23</sup> Now may the God of peace Himself sanctify you completely. And may your spirit, soul, and body be kept sound and blameless for the coming of our Lord Jesus Christ.<sup>24</sup> He who calls you is faithful, who also will do it.<sup>25</sup> Brothers, pray for us also.<sup>26</sup> Greet all the brothers with a holy kiss.<sup>27</sup> I charge you by the Lord that this letter be read to all the brothers.<sup>28</sup> The grace of our Lord Jesus Christ be with you.

The definition of exhort is an address or communication that emphatically urges someone to do something.

## I. Rejoice always

### *James 1:2-3*

Consider it a great joy, my brothers, whenever you experience various trials, <sup>3</sup> knowing that the testing of your faith produces endurance.

### *1 Peter 1:3-9*

Praise the God and Father of our Lord Jesus Christ. According to His great mercy, He has given us a new birth into a living hope through the resurrection of Jesus Christ from the dead <sup>4</sup> and into an inheritance that is imperishable, uncorrupted, and unfading, kept in heaven for you. <sup>5</sup> You are being protected by God's power through faith for a salvation that is ready to be revealed in the last time. <sup>6</sup> You rejoice in this,<sup>[a]</sup> though now for a short time you have had to struggle in various trials <sup>7</sup> so that the genuineness of your faith—more valuable than gold, which perishes though refined by fire—may result in<sup>[b]</sup> praise, glory, and honor at the revelation of Jesus Christ. <sup>8</sup> You love Him, though you have not seen Him. And though not seeing Him now, you believe in Him and rejoice with inexpressible and glorious joy, <sup>9</sup> because you are receiving the goal of your<sup>[c]</sup> faith, the salvation of your souls.

### *Philippians 4:4*

Rejoice in the Lord always. I will say it again: Rejoice!

### *Romans 5:3-4*

And not only that, but we also rejoice in our afflictions, because we know that affliction produces endurance, <sup>4</sup> endurance produces proven character, and proven character produces hope.

## II. Pray constantly

### *Ephesians 6:18*

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

***Psalm 86:3***

Be gracious to me, Lord,  
for I call to You all day long.

***2 Timothy 1:3***

I thank God, whom I serve with a clear conscience as my ancestors did, when I constantly remember you in my prayers night and day.

***1 Chronicles 16:11***

Search for the LORD and for His strength;  
seek His face always.

**C.S. Lewis**

“I pray because I cannot help myself.”

**III. Give thanks in everything**

**Notes:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

***1 Chronicles 16:34***

Give thanks to the LORD, for He is good;  
His faithful love endures forever.

***Colossians 3:17***

And whatever you do, in word or in deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through Him.

**Tony Evans**

“God says to give thanks in everything. That does not mean you need to give thanks FOR everything. You do not need to give thanks FOR that bad day. Or FOR that bad relationship. Or being passed over at work. Financial hardship. Whatever it is – you are not to give thanks FOR the difficulties, but rather IN the difficulties. That is a very important distinction, and one I think we often miss. Giving thanks IN everything shows a heart of faith that God is bigger than the difficulties and that He can use them, if you approach Him with the right heart and spirit, for your good and His glory.”

**Dr. David Jeremiah**

“No matter what our circumstances, we can find a reason to be thankful.”

## **Conclusion**

We can rejoice always because we know the Lord. We can pray continually, because He invites us to bring our cares to Him, and because He cares for us and we can give thanks in all circumstances because it is God's will. We also know that none of God's plans cannot be changed.

### **Kay Arthur**

“God is in control, and therefore in EVERYTHING I can give thanks - not because of the situation but because of the One who directs and rules over it.”